

## Crisis contact information

### Police

Emergency Police/Ambulance.....000  
Mt Druitt Police Station.....9675 0699  
Blacktown Police Station.....9671 9199  
Quakers Hill Police Station.....9678 8999

### 24 Hour Crisis services

Domestic Violence Line.....1800 65 64 63  
NSW Rape Crisis Centre.....1800 42 40 17  
Kids Helpline.....1800 55 18 00  
Child Protection Helpline.....13 21 11

### Legal

Domestic Violence  
Advocacy Service.....8745 6999  
Women's Legal Services NSW...8745 6900  
Mt Druitt Community  
Legal Centre.....9675 2009  
Aboriginal Women's  
Legal Centre.....1800 68 65 87  
Women's DV Court Advocacy Service  
Blacktown.....9671 9126  
Mt Druitt.....4731 5098

### No English?

Interpreter Service.....131 450

For more information  
about domestic violence  
you can go to

<http://www.domesticviolence.nsw.gov.au/>

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WASH House Inc.  
RESOURCING WOMEN

**Staying Home  
Leaving Violence  
supports all women  
to live free from  
violence**

DV affects all women  
regardless of age, sexual  
orientation, religious beliefs,  
culture and ethnic  
background

If you need help of more  
information about SHLV  
contact the WASH House on  
9677 1962

**Women's Activities and Self Help  
House Inc**

PO Box 551 Mt Druitt NSW 2770  
Email: [admin@washhouse.org.au](mailto:admin@washhouse.org.au)  
Web: [www.washhouse.org.au](http://www.washhouse.org.au)  
[www.facebook.com/washwomen](http://www.facebook.com/washwomen)

**Staying Home Leaving Violence**

## Domestic Violence is a Pattern of Abuse and

### Control that Includes:

- Physical Violence
- Threats of Violence
- Verbal/emotional abuse and put downs
- Social Isolation
- Controlling your money
- Forcing you to have sex
- Stalking, including by phone, text and internet

## You Have the Right to Stay at Home

If you have suffered from domestic or family violence, you and your children should not have to suffer the trauma of leaving your home, your routine, your support networks and all that is familiar to you.

## Remain in Your Home Without the Perpetrator of Violence

If the perpetrator of violence has left or been removed from your home then we can provide you with support and assistance to stay in your house.

## SHLV can assist you in the following ways:

- Support for you and your children to remain safely in your own home
- Alternative options for safe housing
- Risk assessments and security upgrades for your home
- Information on AVO's and assistance at court
- Emotional and practical support
- Referrals to appropriate support services and counselling
- DV groups
- Advocacy



Our workers can conduct safety audits to help you and your children feel safe in your home.

Remember that children are very traumatised when they see someone they love being harmed. They are also at risk of becoming victims/ perpetrators of violence too.